

## Confession: My Body/His Temple

This morning/evening I lay aside every weight and sin which has set me back in the past. I present my body as a living sacrifice to God today which is my reasonable service. Since my body is His temple, I choose to discipline my body.

Although all things are lawful to me, all things are not helpful. I will not be brought under the power of anything that does not glorify God. Therefore, I discipline my body, and I bring it under subjection, so when I talk to others I will not be disqualified. I thank you Lord that by faith, you are making me a perfect and just weight so that I may prosper and be in health as the Word of God declares.

**Scripture Reference:** Romans 12:1; 1Cor.3:16-17; 1Cor. 6:12-13; 1 Cor. 6:18-20; 1Cor. 9:27; Duet. 25:15; Heb. 12:1